

# CHALLENGE IMPACT REPORT

## Move 4 MANA

### Heritage Woods Secondary School

Your efforts this past October & November have made a difference for over 100 children in Somalia. Read below on how your calories are getting put to life-changing use.

*Thank you for getting Active For Good.*

**#ACTIVE** FOR **GOOD**



**840 PEOPLE GOT  
ACTIVE FOR GOOD**

Participation was high with 98% of those invited to the 30-Day Challenge accepted and got Active For Good!



**8,134,020  
CALORIES BURNED**

Over 8.1 million active calories collectively burned over the 30-day period. That's a lot of peanut butter.



**105  
LIVES SAVED**

Your activity allowed Food for Famine to contribute 15,853 therapeutic food packets, saving 105 lives.



## *World Vision in Somalia*

World Vision has worked with communities, families and children in Somalia since 1992. The country has been through consecutive seasons of failed rains with a devastating impact on poor, rural families who depend on farming and grazing for their food intake and family income. Food security has deteriorated significantly across Somalia, with an increasing number of people facing acute food insecurity, and in need of emergency food assistance.

The failed rains caused drought and has resulted in massive displacements of people from rural areas to IDP (internal displaced person) camps around the urban centers, especially in Luuq. Most households will rely on purchases from the market as their main source of food. Further deterioration is expected as food prices increase and labor wage rates decline. Social support likely to be over stretched and most poor household likely to resort to crisis and distress coping strategies. Currently, more than 300,000 children are acutely malnourished and at risk of death.

Rapid routine nutrition status screening by use of MUAC (Mid-Upper Arm Circumference) has been consistently carried out at both the health posts

and at the MCHs to enable prompt detection of malnourished children and appropriate referral for nutrition care. There is evidence that early detection of malnutrition significantly contributes to improved treatment outcomes among beneficiaries.

Working with the support of individual Canadians and the Government of Canada, we are responding with emergency and rehabilitative programming. Meeting the emergency nutritional needs of at-risk young children and pregnant women is a priority. Other priority areas are establishing interim health centres in refugee camps and developing and improving water sources in the current drought.

**A huge thank you to...**

**Heritage Woods** for your activity and efforts that will allow

**Food for Famine** to donate over 15,000 packets of food that

**World Vision** will distribute to the children who need them most!

